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**RECORDS Africa-Short Co**
**SC Meters-Women**

50 Free	24.33	<b>15-Dec-22</b>	RSA	Caitlin de Lange-World Champs Melbourne
100 Free	52.70	<b>12-Dec-18</b>	RSA	Erin P. Gallagher-14th Fina World SC Champs0Hangzhou
200 Free	1:54.48	<b>5-Dec-21</b>	RSA	Aimee Canny-Swim Englang-Sheffield
400 Free	4:03.50	<b>9-Apr-08</b>	RSA	Melissa J. Corfe at 9th Fina Swimming World Championship 2008
800 Free	8:22.05	<b>4-Nov-11</b>	RSA	JESSICA E. PENGELLY at Fina Arena Swimming World Cup Singapore 2010
1500 Free	16:11.24	<b>14-Jul-10</b>	RSA	Jessica E Pengelly At the Australian Short Course
50 Back	26.85	<b>13-Apr-08</b>	ZIM	Kirsty Coventry at Manchester UK
100 Back	56.56	<b>15-Nov-09</b>	RSA	Chanelle Van Wyk at World Cup Berlin 2009
200 Back	2:00.91	<b>11-Apr-08</b>	ZIM	Kirsty Coventry at Manchester UK
50 Breast	29.09	<b>18-Dec-22</b>	RSA	Lara Van Niekerk -World Champs Melbourne
100 Breast	1:03.89	<b>24-Oct-20</b>	TUKS- TS	Tatjana R. Schoenmaker at SA National Short Course Champs (25m)PMBG 2
200 Breast	2:18.02	<b>24-Oct-20</b>	TUKS- TS	Tatjana R. Schoenmaker at SA National Short Course Champs (25m)PMBG 2
50 Fly	25.31	<b>17-Nov-19</b>	EGY	Farida Osman-International Swim League-LA
100 Fly	56.46	<b>20-Dec-19</b>	EGY	Farida Osman-International Swim League-LA
200 Fly	2:04.24	<b>21-Nov-09</b>	RSA	Mandy LOOTS at Fina Arena World Cup-Singapore
100 IM	58.46	<b>16-Dec-22</b>	RSA	Rebecca Meder-World Champs-Melbourne
200 IM	2:06.13	<b>12-Apr-08</b>	ZIM	Kirsty Coventry at Manchester UK
400 IM	4:22.88	<b>21-Nov-09</b>	RSA	Kathryn A. Meaklim at Fina Arena World Cup-Singapore
200 Free Relay	1:40.80	<b>15-Dec-22</b>	RSA	Team RSA - World Champs Mlbourne
400 Free Relay	3:41.80	<b>15-Dec-12</b>	RSA	Team RSA - World Champs Istanbul
800 Free Relay	8:02.49	<b>12-Dec-12</b>	RSA	Team RSA - World Champs Istanbul
200 Medley Relay	1:52.16	<b>5-Dec-14</b>	RSA	Team RSA - World ChampsDoha
400 Medley Relay	3:59.64	<b>18-Dec-22</b>	RSA	RSA- World Champs Melbourne

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**RECORDS Africa-Short Co**
**SC Meters-Men**

50 Free	20.30	<b>7-Aug-09</b>	RSA	ROLAND M. SCHOEMAN at Telkom SA Short Course Championship 2009
100 Free	45.78	<b>6-Aug-17</b>	RSA	Chad G. Le Clos at Fina -Airwave Swimming World Cup 2017 Berlin
200 Free	1:40.88	<b>21-Oct-22</b>	RSA	Matthews Sates FINA World Cup Berlin
400 Free	3:36.30	<b>21-Oct-22</b>	TUN	Matthews Sates FINA World Cup Berlin
800 Free	7:33.69	<b>7-Dec-14</b>	TUN	Ahmed Hafnapul-World Champs-Abu Dhabi
1500 Free	14:10.94	<b>21-Dec-21</b>	TUN	Ahmed Hafnapul-World Champs-Abs-Doha
50 Back	22.84	<b>16-Dec-22</b>	RSA	Pieter Coetzee-World Champs-Melbourne
100 Back	49.60	<b>14-Dec-22</b>	RSA	Pieter Coetzee-World Champs-Melbourne
200 Back	1:47.08	<b>7-Nov-09</b>	RSA	George DU RAND at Fina World Cup Stockholm 2009
50 Breast	25.25	<b>14-Nov-09</b>	RSA	CAMERON VD BURGH at Fina Arena World Cup 2009 Berlin
100 Breast	55.61	<b>15-Nov-09</b>	RSA	CAMERON VD BURGH at Fina Arena World Cup 2009 Berlin
200 Breast	2:02.56	<b>14-Nov-09</b>	RSA	Neil R. Versfeld at Fina Arena World Cup 2009 Berlin
50 Fly	21.87	<b>14-Nov-09</b>	RSA	ROLAND M. SCHOEMAN at Fina Arena World Cup 2009 Berlin
100 Fly	48.08	<b>6-Dec-16</b>	RSA	Chad G. Le Clos at Fina -13th FINA W/Champs
200 Fly	1:48.27	<b>11-Dec-22</b>	RSA	Chad G. Le Clos World Champs Melbourne
100 IM	51.05	<b>14-Nov-09</b>	RSA	Gerhard Zandberg at Fina World Cup Berlin 2009
200 IM	1:50.15	<b>13-Dec-22</b>	RSA	Matthew Sates-World Champs-Melbourne
400 IM	3:57.40	<b>16-Dec-10</b>	TUN	Oussama Mellouli - World Champs-Doha
200 Free Relay	1:24.14	<b>14-Dec-18</b>	RSA	rsa 14th Fina Swimming W/Cup -Hangzhou
400 Free Relay	3:12.87	<b>3-Dec-14</b>	RSA	Team RSA - World Champs Doha
800 Free Relay	6:52.13	<b>4-Dec-14</b>	RSA	Team RSA - World Champs Doha
200 Medley Relay	1:32.56	<b>20-Nov-21</b>	EGY	Team Egypt - World Champs Abu DhabiDoha
400 Medley Relay	3:30.83	<b>16-Dec-12</b>	EGY	Team Egypt - World Champs Abu DhabiDoha

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**RECORDS Africa-Short Co****SC Meters-Mixed**

200 Free Relay	1:33.19	<b>6-Dec-14</b>	RSA	Team RSA - World Champs Doha
200 Medley Relay	1:42.53	<b>4-Dec-14</b>	RSA	Team RSA - World Champs Doha